



Nutritionally Complete Amino Acid-Based  
Medical Food and Infant Formula With Iron



Amino Acid-Based Medical Food

**INGREDIENTS:** Corn Syrup Solids, High Oleic Safflower Oil, Medium Chain Triglycerides, Soy Oil; Less than 2% of: L-Glutamine, L-Asparagine, L-Leucine, DATEM (an emulsifier), L-Lysine Acetate, Calcium Phosphate, Potassium Phosphate, L-Valine, L-Isoleucine, L-Arginine, L-Phenylalanine, L-Tyrosine, Sodium Citrate, L-Threonine, Potassium Citrate, L-Proline, L-Serine, L-Alanine, Ascorbic Acid, Glycine, L-Histidine, L-Methionine, Magnesium Chloride, L-Cystine Dihydrochloride, L-Tryptophan, Calcium Carbonate, Choline Chloride, Taurine, m-Inositol, Ferrous Sulfate, Sodium Chloride, Ascorbyl Palmitate, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Manganese Sulfate, Vitamin A Palmitate, Beta-Carotene, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Biotin, Phylloquinone, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Vitamin D<sub>3</sub>, and Cyanocobalamin.

**ADDITIONAL INGREDIENTS IN VANILLA:** Artificial Flavor, Acesulfame K, Sucralose

**For more information, contact your Ross Representative;  
for institutional orders, call 1-800-551-5838, weekdays,  
8:30 AM to 6:00 PM Eastern Standard Time.**

**Your patients can order EleCare from a pharmacist or directly from  
Ross Products Division by calling 1-800-FORMULA (1-800-367-6852),  
weekdays, 8:00 AM to 5:00 PM Central Time.**



Use under medical supervision.



Meeting Special Nutritional Needs

Indicated for infants and children  
who need an amino acid-based medical  
food or who cannot tolerate intact or  
hydrolyzed protein



Use under medical supervision.

NUTRIENTS:	Per 100 g Powder	Per 100 Cal (21.05 g Powder)	NUTRIENTS:	Per 100 g Powder	Per 100 Cal (21.05 g Powder)
Protein Equivalent, g	14.5	3.1	Choline, mg	45	9.5
Fat, g	23	4.8	Inositol, mg	24	5.1
Carbohydrate, g	51	10.7	<b>MINERALS:</b>		
Linoleic Acid, mg	4000	800	Calcium, mg	550	116
Linolenic Acid, mg	400	84	Phosphorus, mg	400	84.2
Calories	475	100	Magnesium, mg	40	8.4
<b>VITAMINS:</b>			Iron, mg	7.0	1.5
Vitamin A, IU (mcg RE)	1300 (390)	273 (82)	Zinc, mg	4.0	0.8
Vitamin D, IU (mcg)	200 (5.00)	42 (1.1)	Manganese, mcg	400	84
Vitamin E, IU	10	2.1	Copper, mcg	500	105
Vitamin K, mcg	30	6	Iodine, mcg	40	8.4
Thiamin (Vit. B <sub>1</sub> ), mcg	1000	210	Selenium, mcg	11	2.3
Riboflavin (Vit. B <sub>2</sub> ), mcg	500	105	Chromium, mcg	11	2.3
Vitamin B <sub>6</sub> , mcg	400	84.2	Molybdenum, mcg	12	2.5
Vitamin B <sub>12</sub> , mcg	2.0	0.4	Sodium, mg	215	45
Niacin, mcg (mg NE)	8000 (12.3)	1680 (2.6)	(mEq)	(9.4)	(2.0)
Folic Acid (Folacin), mcg	140	29.5	Potassium, mg	715	150
Pantothenic Acid, mcg	2000	421	(mEq)	(18.3)	(3.9)
Biotin, mcg	20	4.2	Chloride, mg	285	60
Vitamin C			(mEq)	(8.0)	(1.7)
(Ascorbic Acid), mg	43	9			

Osmolality, prepared at 20 Cal/fl oz = 350 mOsm/kg water; 30 Cal/fl oz = 560 mOsm/kg water.

# Reconstituting EleCare®

Meeting Special Nutritional Needs



The following table shows the quantity of water to mix with the number of unpacked, level scoop(s) (9.4 g) of EleCare Powder to arrive at the approximate caloric densities shown. Use only the scoop provided in the can. 1 gram of powder displaces 0.74 mL water. Use under medical supervision.

Caloric Density	Unpacked Level Scoop(s)	Water	Approximate Yield
20 Cal/fl oz	1	2 fl oz	2.25 fl oz
22 Cal/fl oz	2	3.5 fl oz	4 fl oz
24 Cal/fl oz	5	8 fl oz	9.25 fl oz
27 Cal/fl oz	5	7 fl oz	8.25 fl oz
30 Cal/fl oz	4	5 fl oz	6 fl oz

- The use of hypo- and hypercaloric formulas should be directed by a health care professional.
- 27 Cal/fl oz or greater formula may not supply enough water for some infants. Hydration status should be monitored and water supplied from other sources if necessary.
- For improved tolerance, it is best to increase caloric density slowly, by 2 to 4 Cal/fl oz increments.
- To make a larger amount of formula, refer to product label.
- 20 Cal/fl oz is standard dilution for infants.
- 30 Cal/fl oz is standard dilution for children >1.

# EleCare®

Meeting Special Nutritional Needs

To prepare *EleCare*:

1. Wash your hands, surfaces and utensils.
2. Pour desired amount of water into clean bottle (or other container).
3. Add Powder to container using enclosed scoop (see chart below). Return dry scoop to can.
4. Cap bottle or container; shake well for 15-20 seconds.
5. Store in refrigerator for up to 24 hours if product is not fed immediately.
6. Once feeding begins, use within 1 hour or discard. FOLLOW INSTRUCTIONS ON LABEL FOR FURTHER INFORMATION ON PREPARATION, USE AND STORAGE. EleCare can be fed orally or by tube; not for parenteral use.

WARNING: Never use a microwave to warm formula. Serious burns can result.

Cal/fl oz (mOsm/kg water)	Osmolality	Potential renal solute load(mOsm/L)
20	350	184
24	430	222
27	490	249
30	560	273

\* Estimated Potential Renal Solute Load = [(Protein(g)x5.7)+mOsm (Na+K+Cl+P)]

