



JUVEN®

Patented Blend of Arginine, Glutamine, and HMB

JUVEN® Recommended Administration Schedule and Procedures

JUVEN is a medical food supplement that should be used under medical supervision and as part of a complete, balanced diet. JUVEN can be taken orally or administered via a gastrostomy or nasogastric feeding tube.

Administering JUVEN orally:

JUVEN should be mixed with 8–10 fl oz of water or other cold liquid (JUVEN should not be mixed with hot liquid).

Additional serving suggestions:

JUVEN can be mixed with fruit juices, yogurt, applesauce, or ice cream to add variety to your diet. For more serving ideas, ask your Ross representative for the JUVEN recipe booklet.



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Rebuilding Muscles. Rebuilding Lives.™

Administering JUVEN® through a gastrostomy or nasoenteric feeding tube:

- 1.** Do not mix JUVEN with formula in a tube-feeding bag.
- 2.** Pour one packet of JUVEN in a clean, small (approximately 6- to 8-fl-oz) container for mixing.
- 3.** Add 4 fl oz (120 mL) water at room temperature.
- 4.** Mix well with disposable spoon or tongue blade until all particles are completely hydrated.
- 5.** Verify correct tube placement.
- 6.** Flush feeding tube with 30 mL water.
- 7.** Administer JUVEN through feeding tube using a 60-mL or larger syringe.
- 8.** Flush with an additional 30 mL water. (A smaller amount of water can be used to flush the tube if the patient is on a fluid-restricted diet.)

Mixing and storage instructions:

JUVEN can be mixed ahead of time. Store in a clean container and consume within 4 hours if kept at room temperature, 24 hours if stored in a refrigerator. Packets are shelf-stable for 2 years.

Dose:

2 packets per day, orally or by gastrostomy or nasoenteric feeding tube.