

# Estimated Nutrient Composition of EleCare®

Nutrient	per 100 Cal	P E R L I T E R †						
		20 Cal/fl oz	22 Cal/fl oz	24 Cal/fl oz	26 Cal/fl oz	27 Cal/fl oz	28 Cal/fl oz	30 Cal/fl oz
<b>Energy</b> , Cal	100	676	746	812	879	912	946	1012
<b>Protein Equivalent</b> , g	3.1	20.6	22.8	24.8	27.3	27.8	29.3	30.9
<b>Fat</b> , g	4.8	32.7	36.1	39.3	42.2	44.2	45.4	49
Linoleic Acid, mg	840	5680	6280	6840	7386	7680	7944	8520
Linolenic Acid, mg	84	568	628	684	740	768	769	852
<b>Carbohydrate</b> , g	10.7	72.4	80.1	87.2	94.1	97.9	101.2	108.6
<b>Vitamins</b>								
Vitamin A, IU	273	1846	2041	2223	2400	2496	2582	2769
Vitamin D, IU	42	284	314	342	369	384	397	426
Vitamin E, IU	2.1	14.2	15.7	17.1	18.5	19.2	19.9	21.3
Vitamin K, mcg	6	40.5	47.1	51.3	53	57.6	57	63.9
Thiamin (Vitamin B <sub>1</sub> ), mcg	210	1420	1570	1710	1846	1920	1986	2130
Riboflavin (Vitamin B <sub>2</sub> ), mcg	105	710	785	855	923	960	993	1065
Vitamin B <sub>6</sub> , mcg	84.2	568	628	684	740	768	796	852
Vitamin B <sub>12</sub> , mcg	0.4	2.8	3.1	3.4	3.5	3.8	3.8	4.3
Niacin, mcg	1680	11,400	12,600	13,700	14,800	15,400	15,900	17,000
Folic Acid (Folacin), mcg	29.5	199	220	239	259	269	279	298
Pantothenic Acid, mcg	421	2840	3140	3420	3702	3840	3982	4260
Biotin, mcg	4.2	28.4	31.4	34.2	36.9	38.4	39.7	42.6
Vitamin C (Ascorbic Acid), mg	9	61	68	74	79	83	85	92
Choline, mg	9.5	64	71	77	84	86	90	96
Inositol, mg	5.1	34	38	41	45	46	48	51
<b>Minerals</b>								
Calcium, mg (mEq)	116 (5.8)	781	864	941	1020	1056	1097	1172
Phosphorus, mg	84.2	568	628	684	740	768	796	852
Magnesium, mg	8.4	56.8	62.8	68.4	73.9	76.8	79.4	85.2
Iron, mg	1.5	9.9	11	12	13.2	13.4	14.2	14.9
Zinc, mg	0.8	5.7	6.3	6.8	7.0	7.7	7.6	8.5
Manganese, mcg	84	568	628	684	739	768	794	852
Copper, mcg	105	710	785	855	923	960	993	1065
Iodine, mcg	8.4	57	63	68	74	77	79	85
Sodium, mg (mEq)	45 (2.0)	305 (13.3)	338 (14.7)	368 (15.9)	396 (16.0)	413 (17.9)	426 (18.5)	458 (19.9)
Potassium, mg (mEq)	150 (3.9)	1015 (26)	1123 (28.7)	1223 (31.1)	1319 (33.8)	1373 (35.1)	1419 (36.4)	1523 (38.9)
Chloride, mg (mEq)	60 (1.7)	405 (11.4)	447 (12.6)	487 (13.7)	528 (14.9)	547 (15.4)	567 (16.0)	607 (17.1)
Selenium, mcg	2.3	15.6	17.3	18.8	20.2	21.1	21.8	23.4
Chromium, mcg	2.3	15.6	17.3	18.8	20.2	21.1	21.8	23.4
Molybdenum, mcg	2.5	17.1	18.8	20.5	22.2	23.1	23.9	25.7
Osmolality (mOsm/kg water)	—	350	390	430	475	490	518	560
Potential Renal Solute Load (mOsm/L)†	—	187	206	225	246	252	264	280

\* Nutrient values reflect updated product formulation and calculations based on gram weight recipes on previous page.

† Estimated Potential Renal Solute Load = [(Protein (g) x 5.7) + mOsm (Na+K+Cl+P)]