

Date: \_\_\_\_\_

To: \_\_\_\_\_  
(Insurance Company)

From: \_\_\_\_\_  
(Physician's Name)

**SUBJECT: Request Insurance Coverage for Nepro® with Carb Steady™ –  
Therapeutic Nutrition for People on Dialysis**

\_\_\_\_\_ is a \_\_\_\_\_-year-old patient who has been under my care since \_\_\_\_ / \_\_\_\_ / \_\_\_\_ . She/He has a diagnosis of \_\_\_\_\_, which has been treated with \_\_\_\_\_. The use of a therapeutic nutrition product such as *Nepro with Carb Steady* is also a key component of the medical management of this condition for this patient. I am ordering \_\_\_\_\_ of *Nepro with Carb Steady* for a period of \_\_\_\_\_.

This product is being used under my medical supervision and is designed to help meet the needs and altered metabolism of people on dialysis (stage 5 chronic kidney disease). An 8-fl-oz serving is calorically dense and contains 425 calories to provide energy needed for daily activity. One 8-fl-oz serving contains 19.1 grams of protein to help maintain lean body mass, which is important to my patient's strength, functioning, and quality of life. The product's Carb Steady carbohydrate blend contains ingredients clinically shown to help manage blood glucose levels, which is important for patients with diabetes. The product also contains FOS (fructooligosaccharides) to help support GI tract health. *Nepro with Carb Steady* is low in phosphorus, potassium, calcium, sodium, and high in folic acid and vitamin B6 to support the altered nutrient metabolism found in stage 5 chronic kidney disease.

My prescription for this product is supported by research that showed that patients who drank one can of Nepro\* on each dialysis day (three times per week) for six months showed significant improvements in nutritional parameters. Albumin levels increased by 9%, prealbumin levels increased 17% and SGA (Subjective Global Assessment) scores increased 14%.

*Nepro with Carb Steady* is a medical food product that must be used under medical supervision. Most pharmacies and homecare suppliers have policies that require a prescription to purchase medical foods to assure they provide the appropriate product and are receiving ongoing medical supervision. The HCPCS code for *Nepro with Carb Steady* is B4154 and the NDC-format codes are 70074-0596-67 for 8-fl-oz Homemade Vanilla, 70074-0596-61 for 8-fl-oz Butter Pecan, 70074-0596-63 for 8-fl-oz Mixed Berry and 70074-0596-78 for 1000-ml Ready to Hang. (source – *First DataBank*)

Sincerely,

\_\_\_\_\_  
(Physician's Signature)

\*Original Nepro formulation was used in clinical study.