



# Pamper your patients with PREMIUM NUTRITION

**Ensure<sup>®</sup> Plus**  
COMPLETE, BALANCED NUTRITION

**NUTRIENTS PER 8 FL OZ:**

PROTEIN	13	g	
FAT	11	g	
SATURATED FAT	1.5	g	
TRANS FAT	0	g	
POLYUNSATURATED FAT	4.5	g	
MONOUNSATURATED FAT	5.0	g	
CARBOHYDRATE	50	g	
DIETARY FIBER	<1	g	
WATER	180	ml	
CALORIES PER mL	1.5	kcal	
CALORIES PER 8 FL OZ	350	kcal	
<b>VITAMINS/ MINERALS</b>			
VITAMIN A	1250	IU	25
VITAMIN D	100	IU	25
VITAMIN E	9.0	IU	30
VITAMIN K	25	mcg	25
VITAMIN C	36	mg	60
FOLIC ACID	100	mcg	25
VITAMIN B <sub>1</sub>	0.38	mg	25
VITAMIN B <sub>2</sub>	0.43	mg	25
VITAMIN B <sub>6</sub>	0.50	mg	25

**VITAMINS/ MINERALS**

VITAMIN B <sub>12</sub>	1.5	mcg	25
NIACIN	5.0	mg	25
CHOLINE	83	mg	15
BIOTIN	75	mcg	25
PANTOTHENIC ACID	2.5	mg	25
SODIUM	240	mg	†
POTASSIUM	500	mg	†
CHLORIDE	270	mg	8
CALCIUM	300	mg	30
PHOSPHORUS	300	mg	30
MAGNESIUM	100	mg	25
IODINE	38	mcg	25
MANGANESE	1.2	mg	60
COPPER	0.50	mg	25
ZINC	4.5	mg	30
IRON	4.5	mg	25
SELENIUM	21	mcg	30
CHROMIUM	20	mcg	25
MOLYBDENUM	45	mcg	60

**INGREDIENTS:** D-WATER, CORN MALTODEXTRIN, SUGAR (SUCROSE), MILK PROTEIN ISOLATE, CANOLA OIL, CORN OIL, SOY PROTEIN CONCENTRATE, COCOA POWDER (PROCESSED WITH ALKALI), POTASSIUM CITRATE, WHEY PROTEIN CONCENTRATE, MAGNESIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, SODIUM CITRATE, SOY LECITHIN, CALCIUM PHOSPHATE, POTASSIUM CHLORIDE, SALT (SODIUM CHLORIDE), CHOLINE PHOSPHATE, ASCORBIC ACID, CARRAGEENAN, FERRIC SULFATE, di-ALPHA-TOCOPHERYL ACETATE, ZINC SULFATE, NIACINAMIDE, MANGANESE SULFATE, CALCIUM PANTOTHENATE, CUPRIC SULFATE, VITAMIN A PALMITATE, THIAMINE CHLORIDE, HYDROCHLORIDE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, FOLIC ACID, CHROMIUM CHLORIDE, POTASSIUM IODIDE, PHYLLIOQUINONE, POTASSIUM MOLYBDATE, SODIUM SELENATE, CYANOCOBALAMIN AND VITAMIN D<sub>3</sub>.  
**CONTAINS MILK AND SOY INGREDIENTS.**  
**LACTOSE FREE.**

**CANOLA OIL**

ALA from canola oil makes Ensure<sup>®</sup> Plus an excellent source of omega-3 fatty acids

**VITAMIN E & SELENIUM**

Antioxidants like vitamin E and selenium support immune function

**VITAMIN C**

Increased vitamin C adds antioxidant benefits

**CALCIUM**

Calcium amount equivalent to a glass of milk.

**LACTOSE FREE**

For lactose-intolerant patients

**Recommend Ensure<sup>®</sup> Plus to help your patients gain or maintain their weight. It's the smart way to keep them nourished because Compliance Counts.**

**For more information, visit [Ensure.com](http://Ensure.com)**

**Ensure Plus Order Numbers**

Flavor	8-fl-oz	Can	Bottle
Creamy Milk Chocolate		50466	58299
Homemade Vanilla		50464	58303
Strawberries & Cream		50646	58301
Butter Pecan		51894	—
Coffee Latte		51740	—
Flavor	32-fl-oz	Can	Bottle
Homemade Vanilla		—	58251
Creamy Milk Chocolate		—	58262