



# EleCare®

Nutritionally Complete Amino Acid-Based Medical Food and Infant Formula With Iron

Use under medical supervision.

## For Infants and Children

- Nutritionally complete
- Hypoallergenic
- Well tolerated
- Supports growth when used as a primary source of nutrition

## Estimated Nutrient Composition of EleCare Per Liter\*

Nutrient	20 Cal/fl oz	22 Cal/fl oz	24 Cal/fl oz	27 Cal/fl oz	30 Cal/fl oz
<b>ENERGY, Cal</b>	676	746	812	912	1012
<b>PROTEIN EQUIVALENT, g</b>	20.6	22.8	24.8	27.8	30.9
<b>FAT, g</b>	32.7	36.1	39.3	44.2	49
Linoleic Acid, mg	5680	6280	6840	7680	8520
Linolenic Acid, mg	568	628	684	768	852
<b>CARBOHYDRATE, g</b>	72.4	80.1	87.2	97.9	108.6
<b>VITAMINS</b>					
Vitamin A, IU	1846	2041	2223	2496	2769
Vitamin D, IU	284	314	342	384	426
Vitamin E, IU	14.2	15.7	17.1	19.2	21.3
Vitamin K, mcg	40.5	47.1	51.3	57.6	63.9
Thiamin, (Vitamin B <sub>1</sub> ), mcg	1420	1570	1710	1920	2130
Riboflavin (Vitamin B <sub>2</sub> ), mcg	710	785	855	960	1065
Vitamin B <sub>6</sub> , mcg	568	628	684	768	852
Vitamin B <sub>12</sub> , mcg	2.8	3.1	3.4	3.8	4.3
Niacin, mg	11.4	12.6	13.7	15.4	17.0
Folic Acid (Folacin), mcg	199	220	239	269	298
Pantothenic Acid, mcg	2840	3140	3420	3840	4260
Biotin, mcg	28.4	31.4	34.2	38.4	42.6
Vitamin C (Ascorbic Acid), mg	61	68	74	83	92
Choline, mg	64	71	77	86	96
Inositol, mg	34	38	41	46	51
<b>MINERALS</b>					
Calcium, mg	781	864	941	1056	1172
Phosphorus, mg	568	628	684	768	852
Magnesium, mg	56.8	62.8	68.4	76.8	85.2
Iron, mg	9.9	11	12	13.4	14.9
Zinc, mg	5.7	6.3	6.8	7.7	8.5
Manganese, mcg	568	628	684	768	852
Copper, mcg	710	785	855	960	1065
Iodine, mcg	57	63	68	77	85
Sodium, mg (mEq)	305 (13.3)	338 (14.7)	368 (15.9)	413 (17.9)	458 (19.9)
Potassium, mg (mEq)	1015 (26)	1123 (28.7)	1223 (31.1)	1373 (35.1)	1523 (38.9)
Chloride, mg (mEq)	405 (11.4)	447 (12.6)	487 (13.7)	547 (15.4)	607 (17.1)
Selenium, mcg	15.6	17.3	18.8	21.1	23.4
Chromium, mcg	15.6	17.3	18.8	21.1	23.4
Molybdenum, mcg	17.1	18.8	20.5	23.1	25.7
Osmolality (mOsm/kg water)	350	390	430	490	560
Potential Renal Solute Load † (mOsm/L)	187	206	225	252	280

\* Nutrient values reflect updated product formulation and calculations based on gram weight recipes on reverse side

† Estimated Potential Renal Solute Load = [(Protein (g) x 5.7) + mOsm (Na+K+Cl+P)]

# EleCare® Product Features

**Protein Source**  
% of Total Calories

**Free L-Amino Acids**  
15%

**Fat Source**  
Oil Ratio  
% of Total Calories

**High Oleic Safflower, MCT & Soy Oils**  
39:33:28  
42%

**Carbohydrate Source**  
% of Total Calories

**Corn Syrup Solids**  
43%



## Mixing Instructions to Prepare 1 Liter (1000 mL) 33.8 fl oz of EleCare at Various Caloric Dilutions

Cal/fl oz Desired	Approximate Amount of Water†	Amount of Powder (UNPACKED, Level)	Final Volume (Powder + Water)
20 (standard infant mixture)	890 mL (30 fl oz)	1 cup + 1 scoop (142 g)	1000 mL
22	860 mL (29 fl oz)	1-1/4 c (157 g)	1000 mL
24	860 mL (29 fl oz)	1-1/3 c (171 g)	1000 mL
27	830 mL (28 fl oz)	1-1/2 c (192 g)	1000 mL
30 (standard pediatric mixture)	830 mL (28 fl oz)	1-2/3 c (213 g)	1000 mL

Use under medical supervision. Available in Vanilla for children age one year and older.

†Additional water may be needed to make a final volume of 1000 mL.

1 g Powder displaces 0.74 mL water.

To learn more about the complete line of nutritional products from Abbott Nutrition, visit us online at [www.abbottnutrition.com](http://www.abbottnutrition.com).